

Beauty

Your winter
bridal beauty
buys sorted! **News**

Lemon Detox

Whether you want to drop a few pounds or brighten your complexion, cleanse the mind and body with Lemon Detox, £29.99 (amazon.co.uk), a vitamin and mineral-rich mixture made from a blend of natural syrups that simply needs blending with lemon juice, water and cayenne pepper to create a delicious detoxifying drink.



Beauty call

Who doesn't want to be treated like a celebrity on their wedding day? The make-up and hair pros from Beauty Call, with a client list that includes Glee's Alex, Toni & Guy and Stella McCartney, will make you look at your absolute radiant big-day best. Artists are already getting booked for summer 2010 so get your dates in and contact them now at beautycall.co.uk.

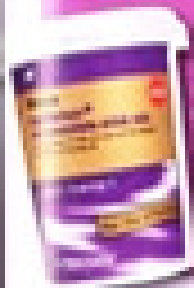
Beauty Bible

When you're on a beauty budget and every penny counts, make sure you're spending your money wisely with Beauty Bible Beauty Streets, £9.99 (amazon.co.uk) by experts Jo Fawcay and Sarah Macey.



Stress-busting hot chocolate

When those pre-wedding stresses are taking their toll, ease with a comforting cup of Booths Equilibrium Hot Chocolate Drink, £12.99 (booths.com) with its magic ingredient Lactium - a stress-busting derivative of milk.



HOT TREND

A beautiful smile is a wedding-day essential. But if your mouth is looking less than perfect, it's now easier than ever to get things straight with Six Month Smiles, a new-to-the-UK treatment that uses speedy orthodontic techniques to correct crooked teeth in only six months. From £1,800 at the Aqua Dental Spa (aquadentalspa.com).

Beauty Call[®]

BRIDAL HAIR & MAKEUP
0845 051 0951
www.beautycall.co.uk